

# How We Create Cognassist Modules

**We're all familiar with the Cognassist digital cognitive assessment, but what happens next?**

When the assessment report indicates that the learner would benefit from support in one or more cognitive domains, we create a personalised learning plan for them.

This personalised learning plan consists of learners receiving four modules to complete every month for the duration of their programme. This continual support plan is tailored to each learner and is informed by their level of study and unique cognition profile.

The personalised learning plan, which can contain over 100 tailored modules depending on the learner's course length, will focus on different coping strategies that the learner can embed into their work and study routines.

These modules target specific tasks, ideas or scenarios that people may find more difficult because of their cognitive learning needs and that could potentially create barriers to success in their career, personal life or study.

**How do the Cognassist modules help learners?**

Each module provides a variety of approaches the learner can take to help them cope with tasks or activities that they might struggle with. Each module is followed by instructions to take action and implement what they've learnt in their workplace or study, usually over the course of a week.

The learner then reflects on the module and how they've implemented it with their tutor during their next support session.



## Planning the curriculum

Within the standards framework, we identify common cross-disciplinary skills and behaviours at each level of study within further and higher education.

We provide cognitive support strategies that offer specific tips and techniques. The modules help in real-world scenarios that may be affected by a learner's cognitive differences.

We also focus on soft skills and effective study strategies to help learners better understand and implement skills that would be expected at their level of study but not necessarily taught directly as part of the core curriculum.

## Consultation with experts

Our science team, in collaboration with consulting neuropsychologists, look at each skill to define a level of difficulty, based on the different cognitive domains.

The cognitive support strategies will often have very clear links to cognition. However, the links between soft skills and cognition may be less obvious but no less important, as cognitive differences can impact the development of soft skills in counterintuitive ways.

For many of us, how our cognition can impact our daily activities

is not always clear, and this is why we consult with experts who have decades of experience and significant insight into human cognition.

## Design

Our in-house learning design team takes over from here. They build each strategy into the platform using state-of-the-art authoring tools with world-class credentials, which allows us to integrate multimedia options to support learning and present information in different ways to increase accessibility.

## Content customisation

We use focus groups at each level of study to ensure our content is useful to learners, presented in an easy-to-understand way and tailored to each of the domains.

Our focus is on ensuring learners are getting the most out of the content available.

## Enhancing content

We regularly audit our module content to ensure it is still fit for purpose and reflects the demands of a learner's chosen level of study.

We also rely on learner feedback, built into each module, to assess the quality and effectiveness of our content for learners.

**To learn more about the cognition framework we use for each of our strategy modules, you can read our [online product guide](#) on how Cognassist supports learners.**